

KEEP YOUR BABY SAFE

FOLLOW THESE EASY TIPS TO KEEP YOUR BABY SAFE AND HEALTHY!

BABY-PROOF YOUR HOUSE

CRAWL AROUND THE HOUSE AT YOUR BABY'S LEVEL AND LOOK FOR ANYTHING THAT MIGHT HURT YOUR CHILD LIKE



Place covers over all electrical outlets



Unplug small appliances, such as phone chargers and irons, when not in use and hide electrical cords or buy cord holders



Install baby gates at the top and bottom of stairs



Put child locks on kitchen, bathroom, or any cabinet containing items that could hurt your child



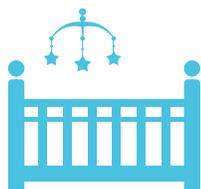
Use furniture straps to hold televisions and pieces of furniture in place that could fall over



Place the cords from window blinds out of reach

SAFE SLEEP

Babies are safest when they sleep on their back in their own crib, bassinet, or pack-n-play.¹



It's easy to remember

THE ABCs OF SAFE SLEEP:



ALONE



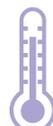
ON HIS OR HER BACK



IN A CRIB

Visit www.michigan.gov/safesleep for more safe sleep tips.

BURN PREVENTION



120°F

To avoid burning your child during bath time, set your water heater to 120° F. Check the water with your wrist or elbow. If it feels too warm for you, it will be too hot for your baby.



Heat bottles by placing them in warm water. Make sure they have cooled before feeding your baby. Avoid using microwaves as they heat unevenly and create hot spots.



Set up safety gates around places like fireplaces, ovens and furnaces to keep your baby from getting close to them.

See more at: www.safekids.org²

¹ Michigan Department of Health and Human Services (2015). "Safe Sleep Steps and Checklist." Retrieved from http://www.michigan.gov/dhs/0,4562,7-124-5453_7124_57836_69566-165976--,00.html

² Safe Kids Worldwide (2014). "Burn Prevention for Babies: Top Safety Tips." Retrieved from http://www.safekids.org/safetytips/field_age/babies-0%E2%80%9312-months/field_risks/burns-and-scalds

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POISON PREVENTION



Read product labels to find out what can be hazardous to kids. Dangerous household items include makeup, medicines, personal care products (like deodorants and toothpastes), plants, pesticides, and alcohol.



Check for lead-based paint, using a kit from a hardware store. Remove any peeling paint or surfaces your kids might chew on that have been painted with lead-based paint.

See more at: www.safekids.org³



Store items that could be dangerous out of your child's reach and use safety locks on lower cabinets.

800-222-1222 Put this toll-free number for the Poison Control Center in your phone and post it somewhere people can see it. Staff there can give you advice if your child swallows something poisonous.

SAFE TRAVELS

MICHIGAN'S CHILD PASSENGER SAFETY LAW REQUIRES:



■ Children under the age of 4 to ride in a car seat, in the back seat of a car, if the car has one. If the back seat is filled with other children under the age of 4, only then can a child under 4 ride in a car seat in the front seat but the airbag **MUST** be turned off.

■ Children need to be correctly buckled and ride in a car seat or booster seat until they are 8 years old or 4-feet-9-inches tall, whichever comes first.⁴



CAR SEAT BASICS

1 All babies and toddlers should ride in rear-facing car seats until they are 2 years old or until they reach the highest weight or height limit allowed by the car seat.

2 All children 2 years or older, or those who have outgrown the weight or height limit of their rear-facing seat, should ride in a forward-facing car seat with a harness for as long as possible up to the highest weight or height allowed by the car seat.

3 All children whose weight or height is above the forward-facing limit for their seat should use a belt-positioning booster seat until the vehicle lap/shoulder belt fits properly, typically when the child reaches 4-feet-9-inches tall at 8-12 years old.

4 When children are old enough and large enough (8 years old or 4-feet-9-inches tall, whichever comes first) to use the vehicle seat belt alone, always use lap and shoulder belts for best protection.⁵

³ Safe Kids Worldwide (2014), "Poison Prevention for Babies: Top Safety Tips." Retrieved from http://www.safekids.org/safetytips/field_age/babies-0%E2%80%9312-months/field_risks/poison

⁴ Michigan State Police (2015), "Child Passenger Safety." Retrieved from http://www.michigan.gov/msp/0,4643,7-123-64773_22774---,00.html

⁵ Michigan Office of Highway Safety Planning (2015), "Car Seat Basics." Retrieve from http://www.michigan.gov/msp/0,4643,7-123-64773_22774---,00.html